Wellness Committee Meeting Minutes

Date: November 3, 2026
Location: OCS Admin Conference Room & via Zoom

1. Public Health
    - **Classroom Handwashing:** Clarify whether handwashing practices are established schoolwide or determined by individual classrooms.
    - **Classroom Supplies:** Discussed the possibility of donating hygiene supplies to classrooms in addition to school-provided supplies.

2. Emergency Preparedness
    - **CSSP (Comprehensive School Safety Plan):** Review the current draft.
    - **"Sun & Heat Safety Policy" from last meeting**: Determine whether it should be established as a separate policy.
    - **Website Update**: Confirm approval status of the current CSSP, then update the version posted on the school website.

3. Solar Power Project
    - Discussed the goal of powering the school with 100% solar energy.
    - Clarified whether installation or related work will disrupt students or school activities.
    - Expressed appreciation to Mr. Tim Gärlick for his contributions to the project.

4. Nutrition
    - Discussed the possibility of providing food donations to families in need.
        - ➢ **Food Donations**: Per CDE guidelines, school meal program food cannot be donated directly to individuals. The school partners with FoodCycle LA to donate surplus food to matched nonprofit organizations.
        - ➢ **Free School Meals**: The school actively promotes breakfast participation through community messages and regularly reminds

families that all enrolled students can receive breakfast and lunch at no cost during the school day.

- ➢ **Family Support**: If a specific family may need food assistance, community members are encouraged to contact the school directly for information about available resources.

5. Open Discussion

Aftercare Snacks

- Reviewed the current snack structure: one dry snack, one kind of fruit, and one dairy item.
- Discussed the possibility of leveraging parent connections to identify vendors or suppliers that could offer higher-quality snack options in bulk at affordable prices while staying within budget.
- Discussed personal snacks brought from home.

Sun and Heat Safety

- Clarify the need for a separate Sun and Heat Safety Policy in addition to the existing Extreme Weather Plan.

Weather-Related Communication

- Discussed the importance of proactive communication with families regarding weather-related events, including school protocols and steps parents can take to prepare.