SCHOOL NUTRITION PLUS

OCEAN CHARTER SCHOOL

November 2026 Breakfast and Lunch Menu

GradesK-8TH

	Monday	Tuesday	Wednesday	Thursday	Friday
		3	4	5	6
BREAKFAST		Waffle and Sausage	Bagel and Cream Cheese	Oatmeal	Egg and Cheese Burrito
LUNCH	NO SCHOOL	Turkey Hot Dog with Wedge Fries	**SACK LUNCH:** Chicken Caesar Wrap	Grilled Cheese Sandwich with Squash	Chicken Patty Sandwich with Chili Beans
VEGETARIAN		Veggie Hot Dog with Wedge Fries	PB Chicken Caesar Wrap		PB Chicken Patty Sandwich with Chili Beans
	9	10	11	12	13
BREAKFAST	Cereal with Graham Crackers	Pancake and Turkey or Veggie Sausage		Banana Muffin	Egg and Cheese Biscuit Sandwich
LUNCH	Breaded Chicken Chunks with Tots	**MEATLESS DAY:** Mac and Cheese with Garden Salad	NO SCHOOL	Fajita Chicken with Rice and Lime Coleslaw	Green Chile Bean and Cheese Burrito with Carrots
VEGETARIAN	PB Chicken Chunks with Tots			Fajita Tofu with Rice and Lime Coleslaw	
	16	17	18	19	20
BREAKFAST	Cereal with Graham Crackers	French Toast and Turkey or Veggie Sausage	Blueberry Muffin	Yogurt Parfait	Pancake and Turkey or Veggie Sausage
LUNCH	**SACK LUNCH:** Chicken Salad Croissant	**SACK LUNCH:** Caesar Chicken Salad Wrap	**SACK LUNCH:** Turkey Ham and Cheese Sandwich	**SACK LUNCH:** BBQ Chicken Wrap	**SACK LUNCH:** Asian Chicken Salad
VEGETARIAN	PB Chicken Salad Croissant	Caesar PB Chicken Salad Wrap	Tomato Cheese Sandwich	PB BBQ Chicken Wrap	Asian PB Chicken Salad
	23	24	25	26	27
BREAKFAST					
LUNCH	**NO SCHOOL**				
VEGETARIAN					
	30				
BREAKFAST	Cereal with Graham Crackers				
LUNCH	**MEATLESS DAY:**				
VEGETARIAN	Bean and Cheese Burrito with Carrots				

*Plain 1% low-fat milk or non-fat milk and fresh fruit offered with each meal.

This institution is an and employer