

Component #1: Comparison to Model LSWP

Model Wellness Policy Comparison Results Template

Component	Description
Tool used for Model LSWP Comparison:	WellSAT 3.0 - Results see Attachment 1
Areas of Strength:	1. All Federal Requirements are met. 2. The policy is comprehensive. 3.
Opportunities for Improvement	1. Enhance the physical activity section to be more clear and provide more strategies for incorporating into the school environment. 2. Include more details on nutrition education and how it is incorporated into the school day. 3. Strengthen and provide more detail on the Nutrition environment.
As a result of the comparison, was new language adopted in the LSWP?	☐ Yes X No - no changes needed at this time, will discuss with committee
If yes, briefly describe what was adopted (include page numbers for new language if possible)	
Describe next steps for strengthening your LSWP	1) Conduct WP Committee meeting to discuss priorities and areas of opportunity to strengthen policy

Component #2: Extent of Compliance for All Schools with the LSWP

Extent of Compliance for All Schools with the LSWP Template

Assessment Tool Used: Action for Healthy Kids School Health Index (SHI Surveys) - *Completed surveys available in Attachment 2*

Policy Area	Not Met (# of Qs)	Partial Compliance (# of Qs)	Full Compliance (# of Qs)
School Health and Physical Environment	Elem - 0 MS/HS - 0	Elem - 0 MS/HS - 0	Elem - 5/5 MS/HS - 5/5
Nutrition Environment and Services	Elem - 0 MS/HS - 0	Elem - 0 MS/HS - 0	Elem - 19/19 MS/HS - 19/19
Health Education	Elem - 0 MS/HS - 0	Elem - 0 MS/HS - 0	Elem - 8/8 MS/HS - 8/8
Physical Education and Physical Activity	Elem - 0 MS/HS - 0	Elem - 1/17 MS/HS - 1/17	Elem - 16/17 MS/HS - 16/17
Social and Emotional Climate	Elem - 0 MS/HS - 0	Elem - 0 MS/HS - 0	Elem - 8/8 MS/HS - 8/8
School Health Services	Elem - 1/5 MS/HS - 1/5	Elem - 1/5 MS/HS - 1/5	Elem - 3/5 MS/HS - 3/5
Staff Wellness	Elem - 0 MS/HS - 0	Elem - 2/5 MS/HS - 2/5	Elem - 3/5 MS/HS - 3/5
Family Involvement	Elem - 0 MS/HS - 0	Elem - 0 MS/HS - 0	Elem - 7/7 MS/HS - 7/7
Community Involvement	Elem - 0 MS/HS - 0	Elem - 0 MS/HS - 0	Elem - 2/2 MS/HS - 2/2

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement The district will actively communicate the ways in which representatives of the District Wellness Council, School Wellness Council, and others can participate in the development, implementation and periodic review and update of the LSWP.	☒ Yes ☐ No
Public Notification The district will actively inform caregivers and the public each year of basic information about the LSWP.	☒ Yes ☐ No
Triennial Assessment Once every three years, the district will assess the LSWP by completing the following: -Comparing district LSWP to a model LSWP -Assessing the extent of compliance for all schools with the LSWP -Assessing the progress made in attaining the goals of the LSWP	☒ Yes ☐ No

Component #3: Progress Made in Reaching LSWP Goals

Progress in Reaching LSWP Goals Template

Wellness Policy Implementation/Progress Plan

(Updated May 2026)

SFA Name	Ocean Charter School
Date	4/29/2026

INSTRUCTIONS

Step 1 – Rate how your SFA is currently meeting each LSWP Content Requirement on a scale from 1-3

- 1 – Not meeting the requirement
- 2 – Partially meeting the requirement
- 3 – Meeting the requirement

Step 2 – Write how you are currently meeting this goal or how you intend to better meet this goal in the future

- Consider who is involved with the implementation
- Consider opportunities, barriers, and resources needed

LSWP CONTENT REQUIREMENTS	GOALS	PROGRESS UPDATE / SCALE
1. Nutrition Guidelines for Students: in the SFA have access to healthy foods throughout the school day—both through reimbursable school meals and other foods available throughout the school campus—in accordance with Federal and state nutrition standards.	a. All meals operating under federal meal programs will meet or exceed federal and state guidelines. b. All foods and beverages sold on campus, during the school day, to students (including fundraisers) will meet or exceed federal and state guidelines. c. Celebrations occurring on campus, during the school day, involving food “offered” for free will meet or exceed federal and state guidelines.	Scale: 3 - Meeting the requirement During SY 25-26, all meals served through NSLP and NSBP were in compliance with Federal and State nutrition guidelines. OCS does not sell food on campus during the school day, there are no vending machines on campus, and water only remained the standard beverage choice. Healthy food choices continued to be communicated through the student and parent handbook. Since the previous assessment, OCS has successfully reduced the amount of sugar offered in breakfast items. Muffins, which contain higher sugar, are now only served once or twice per

		month, showing significant improvement in providing healthier breakfast options. Overall, implementation of the wellness policy remains strong and continues to be fully supported through daily school operations.
2. Nutrition Promotion & Education: Students receive quality nutrition education that helps them develop lifelong healthy eating behaviors.	a. The SFA aims to teach, model, encourage, and support healthy eating by students. b. Nutrition education and promotion will be designed to provide students with the knowledge and skills necessary to promote and protect their health. c. Will include enjoyable, developmentally-appropriate, culturally-relevant, and participatory activities. d. Will promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, and healthy food preparation methods. e. Will emphasize caloric balance between food intake and energy expenditure (promotes physical activity/exercise). f. Will include nutrition education training for teachers and other staff.	Scale: 3 - Meeting the requirement During SY25-26, OCS continued to implement and reinforce Nutrition Guidelines for classroom celebrations and school events. The Parent Handbook clearly states that lunches and snacks brought from home should include healthy food choices, and candy or treats are not considered appropriate school snacks. Water remained the only beverage permitted from home during the school day. Juice and other sweetened beverages were not allowed. Milk continued to be provided as part of the school meal program. Teachers supported these expectations during snack and lunch times by reinforcing healthy food choices and providing guidance when needed. Classroom celebrations and school events continued to promote healthier food options and followed the school's wellness expectations. Staff communication through Faculty Meetings supported consistent implementation across classrooms, and overall nutrition promotion and education remained strong throughout the school year.

3. Physical Activity: Students have opportunities to be physically active before, during, and after school.	a. Physical activity during the school day (including but not limited to recess, physical activity breaks, or physical education) will not be withheld as punishment for any reason. b. The SFA will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education. c. All students will be provided equal opportunity to participate in physical education classes. d. Outdoor recess will be offered when the weather is feasible for outdoor play. e. In the event that the school or SFA must conduct indoor recess, teachers and staff will follow the indoor recess guidelines that promote physical activity for students, to the extent practicable. f. Recess will complement, not substitute, physical education class. Recess monitors or teachers will encourage students to be active, and will serve as role models by being physically active alongside the students whenever feasible.	Scale: 3 - Meeting the Requirement During SY25-26, OCS continued to support student physical activity through Movement Class, recess, and aftercare free play. All students participated in Movement Class twice per week with a dedicated Movement Teacher as part of the school's physical education program. Outdoor recess was offered daily when weather permitted. During indoor recess, teachers provided activities that supported student movement, and older students had access to the gym when appropriate. Aftercare included daily outdoor free play, and Middle School students (grade 6 and above) had the opportunity to participate in seasonal FIYA sports programs on a donation basis. Recess remained an important part of student wellness, and staff supervised and supported active play throughout the school day. Overall, OCS successfully maintained regular opportunities for student physical activity throughout the school year.
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4. Promoting Wellness: School staff are encouraged and supported to practice healthy nutrition and physical activity behaviors in and out of school.	a. Staff are encouraged to model healthy behaviors on campus, such as limiting soda or candy consumption in front of students. b. By participating in physical activity throughout the day, if possible. c. By promoting healthy habits to the students through the curriculum.	Scale: 3 - Meeting the Requirement During SY25-26, OCS continued to promote staff wellness by encouraging healthy nutrition habits and physical activity throughout the school day. Staff were encouraged to bring healthy foods, drink water regularly, take lunch breaks instead of working while eating, take walks during the day, and take appropriate restroom breaks to support overall wellness. On campus, staff were encouraged to model healthy behaviors for students by making healthy choices and demonstrating healthy habits throughout the school day. Faculty Meetings and regular staff communication helped reinforce wellness expectations and supported a healthy school environment for both staff and students. Compared to the previous assessment, staff wellness messaging and daily support for healthy habits have increased, resulting in stronger implementation across campus.
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5. Inviting Stakeholders: The community is engaged in supporting the work of the SFA in creating continuity between school and other settings for students and staff to practice lifelong healthy habits.	a. OCS will maintain the current Wellness Policy on the school website and communicate updates to families and the community through regular school communications. b. OCS will inform families about available child nutrition programs, including Free Breakfast and Lunch, meal applications, Breakfast Outreach, and Summer Meal Program opportunities through regular school communication. c. OCS will communicate to families and the community how they can participate in the development, implementation, and periodic review of the wellness policy.	Scale: 3 – Meeting the Requirement During SY 2025–2026, OCS continued to communicate wellness policy information and child nutrition program updates to families and the school community. The current Wellness Policy remains available on the school website. Wellness Committee Meeting announcements and agendas were shared through Mailchimp Community Messages (Life at OCS), and meeting notes continued to be posted on the Lunch Program page of the school website. Meal applications, Free Breakfast and Lunch, Breakfast Outreach, and Summer Meal Program information were regularly shared through Life at OCS and separate Mailchimp communications. Newly enrolled families received meal program information directly from the Registrar. Families had opportunities to participate in the wellness policy through Wellness Committee Meetings and direct communication with administration when needed. Overall, stakeholder communication remained strong, and community engagement continued to support the successful implementation of the wellness policy.
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6. Assessment: The SFA establishes and maintains an infrastructure for management, oversight, implementation, communication about, and monitoring of the policy and its established goals and objectives.	a. The School Wellness Committee (SWC) will meet at least twice per year to establish goals for, and oversee, school health and safety policies and programs, including the development, implementation, and periodic review and update of this SFA-level wellness policy. b. SWC will update or modify the wellness policy based on the results of the annual progress reports and triennial assessments, and/or as SFA priorities change; community needs change; wellness goals are met; new health science, information, and technology emerge; and new Federal or state guidance or standards are issued. c. The wellness policy will be assessed and updated as indicated at least	Scale: 3 – Meeting the Requirement During SY 2025–2026, OCS continued to maintain wellness policy management, implementation, communication, and monitoring through the Wellness Committee. The Wellness Committee regularly reviewed school health and safety policies, including nutrition, physical activity, lunch program operations, classroom celebrations, and family communication. During SY 2025–2026, the committee met four times, and meetings were included on the school’s annual calendar. The Wellness Policy was regularly reviewed through Wellness Committee Meetings and formally updated through the current triennial assessment process. Meeting announcements and agendas were shared through Mailchimp Community Messages (Life at OCS), and meeting notes continued to be posted on the Lunch Program page of the school website. Overall, wellness policy monitoring and community communication remained consistent and met the assessment requirements.
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Component #4: Triennial Assessment Report to the Public

TEA Report to the Public Template

Target Audience(s)	Method	Date
External Partners: Parents/Caregivers, community partners, etc	Posted on Ocean Charter School's organization website	June 5, 2026
Internal Partners: Ocean Charter Wellness Committee	Email notification sent to Wellness Policy Committee	June 5, 2026

Attachment 1: WellSat Scorecard**Policy Assessment: Ocean Charter School (Feb 2026) (2/2026)****District: OCEAN CHARTER DISTRICT**

Congratulations! You have completed the WellSAT Policy Assessment. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at wellsat.org/resources.

Section 1. Federal Requirements

FR1	Includes goals for nutrition education that are designed to promote student wellness.	1
FR2	Assures compliance with USDA nutrition standards for reimbursable school meals.	1
FR3	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	1
FR4	Free drinking water is available during meals.	2
FR5	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	1
FR6	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	1
FR7	Regulates food and beverages sold in a la carte.	NA
FR8	Regulates food and beverages sold in vending machines.	NA
FR9	Regulates food and beverages sold in school stores.	NA
FR10	Addresses fundraising with food to be consumed during the school day.	1
FR11	Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	1
FR12	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	1
FR13	Addresses how all relevant groups will participate.	2

Policy Assessment: Ocean Charter School (Feb 2026) (2/2026)
District: OCEAN CHARTER DISTRICT

FR14	Identifies the officials responsible for compliance with all components of the local wellness policy in each school.	2
FR15	Addresses making the wellness policy available to the public.	1
FR16	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
FR17	Addresses making triennial assessment results available to the public and specifies what will be included.	1
FR18	Addresses a plan for updating policy based on results of the triennial assessment.	2

Section 2. Nutrition Environment and Services

NES1	Addresses access to the USDA School Breakfast Program.	2
NES2	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	NA
NES3	Specifies how families are provided information about determining eligibility for free/reduced price meals.	NA
NES4	Specifies strategies to increase participation in school meal programs.	1
NES5	Specifies marketing to promote healthy food and beverage choices.	1
NES6	Addresses the amount of "seat time" students have to eat school meals.	0
NES7	 Addresses purchasing local foods for the school meals program.	0
NES8	USDA Smart Snack standards are easily accessed in the policy.	2
NES9	Exemptions for infrequent school-sponsored fundraisers.	0
NES10	Addresses foods and beverages containing caffeine at the high school level.	NA

Policy Assessment: Ocean Charter School (Feb 2026) (2/2026)**District: OCEAN CHARTER DISTRICT**

NES11	Addresses nutrition standards for all foods and beverages served (not sold) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	NA
NES12	Addresses nutrition standards for all foods and beverages sold (not served) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	NA
NES13	Addresses food not being used as a reward.	1
NES14	Addresses availability of free drinking water throughout the school day.	2

Section 3. Nutrition Education

NE1	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	1
NE2	All elementary school students receive sequential and comprehensive nutrition education.	0
NE3	All middle school students receive sequential and comprehensive nutrition education.	0
NE4	All high school students receive sequential and comprehensive nutrition education.	NA
NE5	Nutrition education is integrated into other subjects beyond health education.	0
NE6	Links nutrition education with the food environment.	0
NE7	 Nutrition education addresses agriculture and the food system.	0

Section 4. Physical Education and Physical Activity

PEPA1	 There is a written physical education curriculum for grades K-12.	1
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	1

Policy Assessment: Ocean Charter School (Feb 2026) (2/2026)
District: OCEAN CHARTER DISTRICT

PEPA3	Physical education promotes a physically active lifestyle.	0
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	0
PEPA5	Addresses time per week of physical education instruction for all middle school students.	0
PEPA6	Addresses time per week of physical education instruction for all high school students.	NA
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	0
PEPA8	Addresses providing physical education training for physical education teachers.	0
PEPA9	Addresses physical education exemption requirements for all students.	0
PEPA10	Addresses physical education substitution for all students.	NA
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	1
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	NA
PEPA13	Addresses recess for all elementary school students.	1
PEPA14	 Addresses physical activity breaks during school.	1
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	0
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	0
PEPA17	 Addresses using physical activity as a reward.	0
PEPA18	Addresses physical activity not being used as a punishment.	0

Policy Assessment: Ocean Charter School (Feb 2026) (2/2026)
District: OCEAN CHARTER DISTRICT

PEPA19	Addresses physical activity not being withheld as a punishment.	2
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Section 5. Employee Wellness

EW1	 Addresses strategies to support employee wellness.	0
EW2	Encourages staff to model healthy eating and physical activity behaviors.	2

Section 6. Integration and Coordination

IC1	Addresses the establishment of an ongoing district wellness committee.	2
IC2	Addresses the establishment of an ongoing school building-level wellness committee.	1

Overall District Policy Score

Total Comprehensiveness	District Score 62
Total Strength	District Score 29

Attachment 2: School Health Index Surveys - Elementary

Action for Healthy Kids' School Health Index
Elementary School Version

To complete the School Health Index online, please visit
[https://afhkschoolportal.force.com/AFHK Communities Login](https://afhkschoolportal.force.com/AFHK_Communities_Login).

School Health and Physical Environment

	Fully in Place	Partially in Place	Under Development	Not in Place
1.School health oversight	3	-	-	0
2.Representative school health committee or team	3	2	1	0
3.Local wellness policy	3	2	1	0
4.School health action plan	3	-	-	0
5.Positive school climate	3	2	1	0

Nutrition Environment and Services

	Fully in Place	Partially in Place	Under Development	Not in Place
6.All foods sold during the school day meet the USDA's Smart Snacks in school nutrition standards	3	-	-	0
7.All beverages sold during the school day meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
8.School meals	3	2	1	0
9.School breakfast	3	-	-	0
10.Variety of offerings in school meals	3	2	1	0
11.Promote health food and beverage choices and school meals using Smarter Lunchroom techniques	3	2	1	0
12.Adequate time to eat school meals	3	2	1	0
13.Annual continuing education and training requirements for school nutrition services staff	3	2	1	0
14.Prohibit using food as a reward or punishment	3	2	1	0
15.Access to free drinking water	3	2	1	0
16.All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
17.All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	3	2	1	0
18.All foods and beverages sold during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	3	2	1	0
19.Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
20.Food and beverages marketing	3	2	1	0
21.Venues outside the cafeteria offer fruits and vegetables	3	2	1	0
22.Engaging families in nutrition education and school meals	3	2	1	0
23.Nutrition education curriculum implantation	3	2	1	0
24.Farm to school activities	3	2	1	0

School Health Index Surveys - Elementary

ACTION FOR HEALTHY KIDS

Health Education

	Fully in Place	Partially in Place	Under Development	Not in Place
25. Health education taught in all grades	3	2	1	0
26. Sequential health education curriculum consistent with standards	3	2	1	0
27. Culturally appropriate activities and examples	3	2	1	0
28. Professional development in health education	3	2	1	0
29. Essential topics on physical activity	3	2	1	0
30. Essential topics on healthy eating	3	2	1	0
31. Opportunities to practice skills	3	2	1	0
32. Assignments encourage student interaction with family and community	3	2	1	0

Physical Education and Physical Activity

	Fully in Place	Partially in Place	Under Development	Not in Place
33. 150 minutes of physical education per week	3	2	1	0
34. Sequential physical education curriculum consistent with standards	3	2	1	0
35. Students active at least 50% of class time	3	2	1	0
36. Health-related physical fitness	3	2	1	0
37. Licensed physical education teachers	3	2	1	0
38. Address special health care needs	3	2	1	0
39. Professional development for physical education teachers	3	2	1	0
40. Recess	3	2	1	0
41. Prohibit using physical activity as punishment	3	2	1	0
42. Prohibit withholding recess as punishment	3	2	1	0
43. Professional development for classroom teachers	3	2	1	0
44. Promotion or support of walking and bicycling to and/or from school	3	2	1	0
45. Availability of before- and after-school physical activity opportunities	3	2	1	0
46. Availability of physical activity breaks in classrooms	3	2	1	0
47. Family engagement in physical activity	3	2	1	0
48. Access to physical activity facilities outside school hours	3	2	1	0
49. Promote community physical activities	3	2	1	0

Social and Emotional Climate

	Fully in Place	Partially in Place	Under Development	Not in Place
50. Fostering positive and nurturing relationships	3	2	1	0
51. Positive student relationships	3	2	1	0
52. Professional development on meeting diverse needs of students	3	2	1	0
53. Collaboration to promote social and emotional learning	3	2	1	0
54. School-wide social and emotional learning	3	2	1	0
55. Prevent harassment and bullying	3	2	1	0
56. Active supervision	3	2	1	0
57. Engaging all students	3	2	1	0

School Health Index Surveys - Elementary**School Health Services**

	Fully in Place	Partially in Place	Under Development	Not in Place
58.Collaboration between school nutrition services staff members and teachers	3	2	1	0
59.Health services provided by a full-time nurse	3	2	1	0
60.School nurse collaborates with other school staff members	3	2	1	0
61.Counseling psychological and social services provided by a full-time counselor, social worker and/or psychologist	3	2	1	0
62.School counselor collaborates with other school staff members	3	2	1	0

Staff Wellness

	Fully in Place	Partially in Place	Under Development	Not in Place
63.Programs for staff members on physical activity/fitness	3	2	1	0
64.Programs for staff members on health eating/weight management	3	2	1	0
65.All foods served and sold to staff meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
66.Modeling healthy eating and physical behaviors	3	2	1	0
67.Stress management programs for staff	3	2	1	0

Family Involvement

	Fully in Place	Partially in Place	Under Development	Not in Place
68.Communication with families	3	2	1	0
69.Family engagement in school decision making	3	2	1	0
70.Family volunteers	3	2	1	0
71.Professional development on family engagement strategies	3	2	1	0
72.Student and family involvement in the school meal programs and other foods and beverages sold, served, and offered on school campus	3	2	1	0
73.Family involvement in learning at home	3	2	1	0
74.School health updates for families	3	2	1	0

Community Involvement

	Fully in Place	Partially in Place	Under Development	Not in Place
75.Community involvement in school decision making	3	2	1	0
76.Community involvement in school health initiatives	3	2	1	0

School Health Index Surveys - Middle
Action for Healthy Kids' School Health Index
Middle and High School Version

To complete the School Health Index online, please visit
[https://afhkschoolportal.force.com/AFHK Communities Login](https://afhkschoolportal.force.com/AFHK_Communities_Login).

School Health and Physical Environment

	Fully in Place	Partially in Place	Under Development	Not in Place
1.School health oversight	3	-	-	0
2.Representative school health committee or team	3	2	1	0
3.Local wellness policy	3	2	1	0
4.School health action plan	3	-	-	0
5.Positive school climate	3	2	1	0

Nutrition Environment and Services

	Fully in Place	Partially in Place	Under Development	Not in Place
6.All foods sold during the school day meet the USDA's Smart Snacks in school nutrition standards	3	-	-	0
7.All beverages sold during the school day meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
8.School meals	3	2	1	0
9.School breakfast	3	-	-	0
10.Variety of offerings in school meals	3	2	1	0
11.Promote health food and beverage choices and school meals using Smarter Lunchroom techniques	3	2	1	0
12.Adequate time to eat school meals	3	2	1	0
13.Annual continuing education and training requirements for school nutrition services staff	3	2	1	0
14.Prohibit using food as a reward or punishment	3	2	1	0
15.Access to free drinking water	3	2	1	0
16.All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
17.All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	3	2	1	0
18.All foods and beverages sold during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	3	2	1	0
19.Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
20.Food and beverages marketing	3	2	1	0
21.Venues outside the cafeteria offer fruits and vegetables	3	2	1	0
22.Engaging families in nutrition education and school meals	3	2	1	0
23.Nutrition education curriculum implantation	3	2	1	0
24.Farm to school activities	3	2	1	0

School Health Index Surveys - Middle**Health Education**

	Fully in Place	Partially in Place	Under Development	Not in Place
25.Required health education course	3	2	1	0
26.Sequential health education curriculum consistent with standards	3	2	1	0
27.Culturally appropriate activities and examples	3	2	1	0
28.Credentialed health education teachers	3	2	1	0
29.Professional development in health education	3	2	1	0
30.Essential topics on physical activity	3	2	1	0
31.Essential topics on healthy eating	3	2	1	0
32.Opportunities to practice skills	3	2	1	0
33.Assignments encourage student interaction with family and community	3	2	1	0
34.Essential topics on preventing unintentional injuries and violence	3	2	1	0
35.Essential topics on preventing tobacco use	3	2	1	0
36.Essential topics on alcohol and other drug use	3	2	1	0
37.Essential topics for preventing HIV, other STD, and pregnancy	3	2	1	0

Physical Education and Physical Activity

	Fully in Place	Partially in Place	Under Development	Not in Place
38. 225 minutes of physical education per week	3	2	1	0
39.Sequential physical education curriculum consistent with standards	3	2	1	0
40.Students active at least 50% of class time	3	2	1	0
41.Health-related physical fitness	3	2	1	0
42.Licensed physical education teachers	3	2	1	0
43.Address special health care needs	3	2	1	0
44.Professional development for physical education teachers	3	2	1	0
45.Prohibit using physical activity as punishment	3	2	1	0
46.Professional development for classroom teachers	3	2	1	0
47.Promotion or support of walking and bicycling to and/or from school	3	2	1	0
48.Availability of before- and after-school physical activity opportunities	3	2	1	0
49.Availability of physical activity breaks in classrooms	3	2	1	0
50.Family engagement in physical activity	3	2	1	0
51.Access to physical activity facilities	3	2	1	0
52.Promote community physical activities	3	2	1	0

Social and Emotional Climate

	Fully in Place	Partially in Place	Under Development	Not in Place
53.Fostering positive and nurturing relationships	3	2	1	0
54.Positive student relationships	3	2	1	0
55.Professional development on meeting diverse needs of students	3	2	1	0
56.Collaboration to promote social and emotional learning	3	2	1	0
57.School-wide social and emotional learning	3	2	1	0
58.Prevent harassment and bullying	3	2	1	0
59.Active supervision	3	2	1	0
60.Engaging all students	3	2	1	0

School Health Index Surveys - Middle**School Health Services**

	Fully in Place	Partially in Place	Under Development	Not in Place
61.Collaboration between school nutrition services staff members and teachers	3	2	1	0
62.Health services provided by a full-time nurse	3	2	1	0
63.School nurse collaborates with other school staff members	3	2	1	0
64.Counseling psychological and social services provided by a full-time counselor, social worker and/or psychologist	3	2	1	0
65.School counselor collaborates with other school staff members	3	2	1	0

Staff Wellness

	Fully in Place	Partially in Place	Under Development	Not in Place
66.Programs for staff members on physical activity/fitness	3	2	1	0
67.Programs for staff members on health eating/weight management	3	2	1	0
68.All foods served and sold to staff meet the USDA's Smart Snacks in school nutrition standards	3	2	1	0
69.Modeling healthy eating and physical behaviors	3	2	1	0
70.Stress management programs for staff	3	2	1	0

Family Involvement

	Fully in Place	Partially in Place	Under Development	Not in Place
71.Communication with families	3	2	1	0
72.Family engagement in school decision making	3	2	1	0
73.Family volunteers	3	2	1	0
74.Professional development on family engagement strategies	3	2	1	0
75.Student and family involvement in the school meal programs and other foods and beverages sold, served, and offered on school campus	3	2	1	0
76.Family involvement in learning at home	3	2	1	0
77.School health updates for families	3	2	1	0

Community Involvement

	Fully in Place	Partially in Place	Under Development	Not in Place
78.Community involvement in school decision making	3	2	1	0
79.Community involvement in school health initiatives	3	2	1	0

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1. mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW, Mail Stop 9410
Washington, D.C. 20250-9410;
2. fax:
202-690-7442; or
3. email:
Program.Intake@usda.gov.

This institution is an equal opportunity provider.

