



Ocean Charter School

March 2026 Breakfast and Lunch
Menu Grades K-8th

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
BREAKFAST	Cereal with Graham Crackers	Egg & Cheese English Muffin	Banana Muffin	Oatmeal	Pancake and Chicken or Veggie Sausage
LUNCH	<u>Sack Lunch:</u> Chipotle Chicken Wrap	<u>Sack Lunch:</u> Chicken Salad Sandwich	<u>Sack Lunch:</u> Turkey Ham and Cheese Sandwich	Turkey Hardshell Taco with Beans	Pulled BBQ Chicken Sandwich with Coleslaw
VEGETARIAN	Chipotle Cheese and Tomato Wrap	Tomato and Cheese Sandwich	Tomato and Cheese Sandwich	Veggie Crumble Hardshell Taco with Beans	Veggie Patty Sandwich with Corn

	9	10	11	12	13
BREAKFAST	Cereal with Graham Crackers	Egg & Cheese BF Burrito	Bagel with Cream Cheese	Oatmeal	Chicken or Veggie Biscuit
LUNCH	<u>BRUNCH FOR LUNCH:</u> French Toast Sticks, Turkey Sausage and Wedge Fries	Spaghetti Bolognese with Carrots	<u>Sack Lunch:</u> Chicken Salad Croissant	<u>MEATLESS DAY:</u> Pizza Bagel with Salad	Chicken Patty Sandwich with Chili Beans
VEGETARIAN	French Toast Stick, Veggie Sausage and Wedge Fries	Spaghetti with Carrots	Tomato Cheese Croissant		Veggie Patty Sandwich with Chili Beans

	16	17	18	19	20
BREAKFAST	Cereal with Graham Crackers	Waffle and Chicken or Veggie Sausage	Blueberry Muffin	Oatmeal	Chicken or Veggie Croissant
LUNCH	Baked Chicken with Baked beans and Corn Bread	<u>MEATLESS DAY:</u> Creamy Pesto Pasta with Caesar Salad	<u>Sack Lunch:</u> Turkey Ham and Cheese Sandwich	Turkey Picadillo with Rice and Street Corn Salad	Chicken Patty Sandwich with Slaw
VEGETARIAN	Plant Based Chicken with Baked Beans and Corn Bread		Tomato and Cheese Sandwich	Veggie Crumble Picadillo with Rice and Street Corn Salad	Veggie Patty Sandwich with Slaw

	23	24	25	26	27
BREAKFAST	Cereal with Graham Crackers	Egg and Cheese Biscuit	Bagel with Cream Cheese	Oatmeal	Pancake and Turkey or Veggie Sausage
LUNCH	<u>MEATLESS DAY:</u> Pizza Bagel with Salad	Chicken Tinga Tostada with Beans	<u>Sack Lunch:</u> Chicken Salad Croissant	Tomato Ziti Turkey Pasta with Broccoli	House-made Bean, Rice, and Cheese Burrito with Street Corn
VEGETARIAN		Mushroom Tinga Tostada with Beans	Tomato Cheese Croissant	Tomato Ziti Pasta with Broccoli	

*Plain 1% low-fat milk or non-fat milk and fresh fruit are offered with each meal.

This institution is an equal opportunity provider and employer.