

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

BREAKFAST

LUNCH

VEGETARIAN

**HOLIDAY BREAK**

6

7

8

9

10

BREAKFAST

Corn Flakes with  
Graham Crackers

Rice Crispy Cereal  
with Graham Crackers

Raisin Bran with  
Graham Crackers

Oatmeal with  
Chopped Fruit

Chicken and  
Cheese Biscuit

LUNCH

**MEATLESS MONDAY**

**SACKED LUNCH**

Popcorn Chicken  
with Mashed Potato  
and Baked Beans

Corn Dog and  
Carrots

Veggie Burger  
with Potato  
Wedges

Bean and Cheese  
Burrito with Street  
Corn

Turkey Ham  
and Cheese Sandwich

Veggie Chicken  
Tenders and Mashed  
Potato and Baked  
Beans

Veggie Corn Dog  
and Carrots

VEGETARIAN

Sun Butter  
Sandwiches

13

14

15

16

17

BREAKFAST

Crispy Rice Cereal  
with Graham  
Crackers

Turkey Sausage  
Breakfast Burrito

Corn Flakes with  
Graham Crackers

Oatmeal with  
Chopped Fruit

French Toast  
and Sausage

LUNCH

**MEATLESS MONDAY**

**SACKED LUNCH**  
Chicken Salad  
Sandwich

Chicken Chow  
Mein and Asian  
Slaw

**Sacked Lunch:**  
Ham and Cheese  
Croissant

Pizza Bagel and Salad

Chicken Soft Taco  
and Beans

Tomato and Cheese  
Sandwich

Tofu Chow Mein  
and Asian Slaw

Tomato and  
Cheese  
Croissant

VEGETARIAN

Tofu Soft Taco and  
Beans

20

21

22

23

24

BREAKFAST

Corn Flakes with  
Graham Crackers

Crispy Rice Cereal  
with Graham  
Crackers

Raisin Bran Cereal  
with Graham Crackers

Oatmeal with  
Chopped Fruit

Turkey Ham and  
Cheese Croissant

LUNCH

**HOLIDAY**

**SACKED LUNCH:**

Popcorn Chicken  
with Mashed Potato  
and BBQ Beans

Cheesy Turkey  
Nachos with  
Shredded Lettuce

Corndog with  
Potato Wedges

Turkey Ham  
and Cheese Sandwich

Veggie Chicken  
Tenders with Mashed  
Potato and BBQ  
Beans

Cheesy Veggie  
Crumble Nachos with  
Shredded Lettuce

VEGETARIAN

Veggie Corn Dog  
with Potato  
Wedges

Sunbutter Sandwiches

27

28

29

30

31

BREAKFAST

Corn Flakes with  
Graham Crackers

French Toast with  
Apple Compote

Rice Crispy Cereal with  
Graham Crackers

Oatmeal with  
Chopped Fruit

Country Biscuit  
and Sausage Gravy

LUNCH

**MEATLESS MONDAY**  
Veggie Patty Sandwich  
with BBQ Beans

**SACKED LUNCH:**  
Chicken Salad  
Sandwich

Herb Roasted Chicken  
with Rice and Slaw

Corn Dog  
and Carrots

Bean and Cheese  
Burrito with Street  
Corn

Tomato and Cheese  
Sandwich

Herb Roasted Tofu  
with Rice and Slaw

Veggie Corn Dog  
and Carrots

VEGETARIAN

\*Plain 1% low-fat milk or non-fat milk and fresh fruit are offered with each meal.

This institution is an equal opportunity provider and employer.