

Monday

Tuesday

Wednesday

Thursday

Friday

5

SPRING BREAK

BREAKFAST

LUNCH

VEGETARIAN

8

9

10

11

12

BREAKFAST

Sweet Potato
Choc Muffin

Turkey Sausage &
Egg Burrito

Blueberry Crumble

Yogurt Parfait

Egg Cheese Bagel

LUNCH

**MEATLESS
MONDAY**

Three Cheese Mac
with Garden Salad

Cilantro Lime
Chicken Salad

Turkey Corn Dog
with Carrots
(K)

Chicken Patty
Sandwich with salad
(K&M)

VEGETARIAN

Pancake, Veggie
Sausage
& Tator Tots
(Syrup/Ketchup)

Three Cheese Mac
with Garden Salad

Cilantro Lime
Tofu Salad

Veggie Corn Dog
with Carrots

Veggie Patty
Sandwich with Salad

15

16

17

18

19

BREAKFAST

Chocolate Muffin

Waffle and Turkey Sausage

Cinnamon Roll

Overnight Oats

Turkey Ham and Cheese
English Muffin

LUNCH

**MEATLESS
MONDAY**

Ground Turkey
Hard Shell Taco
with Beans

(TS)

Asian Chicken Wrap

Cheesy Turkey
Penne Pasta
with Salad

Green Chicken
Tamale with
Corn

VEGETARIAN

Pesto Tofu
Crumble Rotini
with Salad

Tofu Crumble and
Potato Soft Taco
with Street Corn

Asian Veggie Wrap

Cheesy Penne Pasta
with Salad

Green Chile
Cheese Tamale
with Corn

22

23

24

25

26

BREAKFAST

Banana Muffin

Pancake Turkey
Sausage Wrap

Concha

Yogurt Parfait

Chicken Biscuit

LUNCH

**MEATLESS
MONDAY**

BBQ Chicken Leg
with Rice and Beans

Chicken Pasta Salad

Chicken Spaghetti
with Carrots

Turkey Ham and
Cheese Sub with
Salad and Chips

VEGETARIAN

Bean and Cheese
Pupusa with Lime
Slaw

BBQ Tofu with Rice
and Beans

Tofu Pasta Salad

Veggie Chicken
Spaghetti with Carrots

Tomato and
Cheese Sub with
Salad and Chips

29

30

BREAKFAST

Corn Flakes with
Graham Crackers

Turkey Sausage & Egg Burrito

LUNCH

**MEATLESS
MONDAY**

Three Cheese Mac

Veggie Crumble Taco
Fritos

Three Cheese Mac

VEGETARIAN